

Global environmental change (e.g. environmental degradation, climate change) is among the most prominent and threatening problems of our times because of direct implications for individual health and wellbeing, as well as for the society in general: security, economy, politics to mention but a few areas. Addressing the challenges of global environmental change is urgent, and requires interdisciplinary and intersectoral approaches and efforts, and by the same token, is of interest to people working in multiple disciplines and professional areas.

Psychology has an important role to play in helping to shape people's awareness and behaviour in order to transition towards a sustainable future, and to counteract, mitigate and adapt to the existing environmental threats.

Environmental Psychology, in particular, since 1960s has been contributing a great wealth of applied theory and practical knowledge to the areas of environmental sustainability and pro-environmental behaviour.

This course has been designed for students of all disciplines interested in the topic of psychological factors of sustainable development and pro-environmental behavior. The course will cover six broad themes: 1) Introductions to Environmental Psychology and Sustainable Development, 2) Human relationships with nature, 3) Psychology of pro-environmental action, 4) Sustainable urban environments, 5) Psychological approaches to tackling climate change and environmental degradation, 6) Linking theory, policy and practice in the area of psychology of sustainability.

During this course, students will be able gain the necessary knowledge, competences and skills in order to pursue academic and/or practical work in this area. On the one hand, they will be able to apply theory and methodology of Environmental Psychology in academic research in the areas of sustainability and pro-environmental behaviour. On the other hand, they will learn how to solve practical problems, communicate about environmental change, build partnerships and use intersectoral approaches, as well as design, conduct and

evaluate interventions and policies in the area of psychology of sustainability.